




December 2022

MENUS




Sutherland School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Milk is Served with Every Meal: FF Chocolate FF Strawberry 1% White	This Institution is an Equal Opportunity Employer	1 Cereal, fruit, muffin, juice, milk. Chicken parmesan over spaghetti, bread stick, salad bar, milk.	2 Cereal, fruit, poptart, juice, milk. Burrito, cookie, salad bar, milk.	3
4	5 Cereal, bread, fruit, juice, milk. Pizza (Beef in Schools), salad bar, milk.	6 Breakfast burrito, fruit, juice, milk. Chicken nuggets, smiley fries, apple crisp, salad bar, milk.	7 Breakfast sandwich, fruit, juice, milk. Hot ham & cheese, salad bar, milk.	8 Cereal, Trix bars, fruit, juice, milk. Macaroni & cheese, muffin, salad bar, milk.	9 Cereal, muffin, fruit, juice, milk. Corn dogs, baked beans, cookie, salad bar, milk.	10
11	12 Cereal, snack bread, fruit, juice, milk. Walking tacos, salad bar, milk.	13 Pancakes, sausage, fruit, juice, milk. Chicken strips, potato patty, salad bar, milk.	14 French toast, ham, fruit, juice, milk. Grilled cheese, cup of soup, salad bar, milk.	15 Cereal, poptart, milk, fruit, juice. Burrito, cookie, salad bar, milk.	16 Cereal, muffin, fruit, juice, milk. BBQ rib sandwich, chips, salad bar, milk.	17
18	19 Cereal, Trix bar, fruit, juice, milk. Italian dunkers, salad bar, milk.	20 Breakfast sandwich, fruit, juice, milk. Hot dogs, chips, cookie, salad bar, milk.	21 Poptart, milk. Out @ 11:30 - No Lunch Served	22 Christmas Break Starts *	23 *	24
25 	26 *	27 *	28 *	29 *	30 *	31 

January 2023

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Sutherland Public School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1</p>	<p>2</p> <p>Milk is Served w/ Every Meal: FF Chocolate FF Strawberry 1% White</p>	<p>3</p>	<p>4</p> <p>Breakfast burritos, fruit, juice, milk. Spaghetti, bread sticks, salad bar, milk.</p>	<p>5</p> <p>Cereal, bread, fruit, juice, milk. Hot ham & cheese, salad bar, milk.</p>	<p>6</p> <p>Cereal, muffin, fruit, juice, milk. Burritos, churros, salad bar, milk.</p>	<p>7</p>
<p>8</p>	<p>9</p> <p>Cereal, poptart, fruit, juice, milk. Chicken strips, potato patty, cherry crisp, salad bar, milk.</p>	<p>10</p> <p>Waffles, sausage, fruit, juice, milk. Tacos (Beef in Schools), salad bar, milk.</p>	<p>11</p> <p>French toast, ham, fruit, juice, milk. Italian dunkers, salad bar, milk.</p>	<p>12</p> <p>Cereal, bread, fruit, juice, milk. Grilled cheese, cup of soup, salad bar, milk.</p>	<p>13</p> <p>Cereal, Trix bar, fruit, juice, milk. Corn dogs, baked beans, cookie, salad bar, milk.</p>	<p>14</p>
<p>15</p>	<p>16</p> <p>Cereal, muffin, fruit, juice, milk. Sloppy joes, chips, salad bar, milk.</p>	<p>17</p> <p>Breakfast burritos, fruit, juice, milk. Macaroni & cheese, cinnamon buns, salad bar, milk.</p>	<p>18</p> <p>Pancakes, ham, fruit, juice, milk. Chicken nuggets, smiley fries, jello cake, salad bar, milk.</p>	<p>19</p> <p>Cereal, Trix bars, fruit, juice, milk. Stromboli, scalloped potatoes, salad bar, milk.</p>	<p>20</p> <p>Cereal, poptart, fruit, juice, milk. BBQ rib sandwich, chips, cookie, salad bar, milk.</p>	<p>21</p>
<p>22</p>	<p>23</p> <p>Cereal, muffin, fruit, juice, milk. Nachos (Beef in Schools), salad bar, milk.</p>	<p>24</p> <p>Breakfast sandwich, fruit, juice, milk. Burritos, salad bar, milk.</p>	<p>25</p> <p>Breakfast burrito, fruit, juice, milk. Chili, donuts, salad bar, milk.</p>	<p>26</p> <p>Cereal, poptart, fruit, juice. Hot dogs, chips, cookie, salad bar, milk.</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p>
<p>29</p>	<p>30</p> <p>Cereal, bread, fruit, juice, milk. Pizza (Beef in Schools), salad bar, milk.</p>	<p>31</p> <p>Waffles, sausage, fruit, juice, milk. Chicken strips, potato patty, churros, salad bar, milk.</p>			<p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER</p>	