

NAUTICAL

NEWS

STEVE BRISTOL, SUPERINTENDENT

February Nautical News

SPSF Annual Fund Drive is Still Going!!

For the year 2022 the Sutherland Public Schools Foundation received \$9,300!

Thanks to the generous alums, district patrons, and area businesses for your donations! Your partnership and investment in supporting our youth and school district is greatly appreciated! Your donations provide Sailor students with enhanced educational experiences and opportunities!



2022 Donors to the Sutherland Foundation will be announced in the March Newsletter once all of the donors have been tallied from Mid-Nebraska Community Foundation (Mid-Nebraska Community Foundation manages the Sutherland Education Foundation funds).

Foundation Grants have helped fund the following programs and items: Music, FBLA, Drama department, Annual staff, books for student projects, field trips, student career fair, technology, document cameras for science students, Athletics, elementary assessments, ACT Prep, FFA Jackets, the greenhouse, One Book – One School, and technology for Live Streaming and more.

Besides the annual fundraiser, donations are received throughout the year from monthly donors and memorial donations. Families and friends have also given financial gifts in the name of a deceased friend or relative. Thanks for the continual support of the SPS Foundation!

Board Members Elected to Positions

Tom Kelly was sworn in as a new board member to replace outgoing Ron VanSkiver. The Sutherland School District also elected officers at the January 16th school board meeting. Janet Mueller remains as the School Board President, Eric Peterka remains Vice President, Shad Lantis as Treasurer and Brandy Buscher, Secretary. The district is grateful for their willingness to serve the district!

COVID and the Flu

With the cold, flu and covid season upon us we are doing everything we can to keep the school clean. Sutherland Public Schools applied for and received a grant for twenty eight air purifiers to be placed in classrooms and offices. The air purifiers are designed to help keep the air in the school clean and germ free.

Continued on next page...

STEVE BRISTOL, SUPERINTENDENT,.....CONTINUED

Annette Kennedy, Sutherland's school nurse, is on the front lines keeping the staff informed on the most recent changes with the viruses and what the latest recommendations are from the West Central Health District. As the viruses and recommendations change Mrs. Kennedy is in constant contact with the Health Department and is relaying any changes to the administration and staff. We are very thankful for her hard work as we continue to navigate through the winter season.

The Last Laugh**NOTES FROM THE NURSE:**

February is American Heart month. Wear red on Friday, February 3rd for Heart Disease Awareness. This is the month to think of ways to develop heart healthy habits. These are to aim for a healthy weight, add more fruits and vegetables to your diet, add different types of protein to your diet, stop smoking, and start/change up your exercise plan, such as trying a regular walking plan, dancing, yoga, strength training or sports.



Immunization records for Kindergarten and Seventh grade need to be turned in to the school if you have not already done that.

Kindergarten health physical and vision exam records also need to be turned in.

Flu season is in full force. Remember to protect others with good hand washing/hand sanitizer, by covering your mouth to cough, and to stay home if you are not feeling well. If you or your children have not had your flu vaccine please consider getting one soon.

AMANDA HUEBNER, HIGH SCHOOL PRINCIPAL

Sutherland Families,

It is hard to believe we are already halfway through the 2022-2023 school year! The end of quarter three will be here before we know it, and as our students strive to prepare for their futures beyond high school, I would like to encourage them to continue to work hard and achieve their goals. I would also like to take a moment to reflect back on the first semester and thank our community for helping us to make the first half of the 22-23 school year successful and meaningful for our students, staff, and families. Your support and the support of our teachers and staff is what fuels Sutherland Public Schools' mission as we continue to grow learners and leaders and live out our vision of "Today we learn. Tomorrow we lead."

Additionally, if you have a student who is a senior, please ask your student to monitor Google Classroom for scholarship information provided by Mrs. Brunz. There is a substantial amount of local scholarships available to our seniors and many others that are available statewide as well. We are extremely fortunate to have local businesses and organizations who support our students and it is crucial that we show our appreciation by submitting as many applications as we can to their scholarship programs. This is also a chance for us to further showcase the awesome accomplishments our students have attained over the years and continue to support our students in setting and achieving even higher goals upon the completion of high school.

As we further move into the school year, we will enhance our focus on the academic growth of our students. Our Juniors have begun their journey to better prepare for the ACT through the use of John Baylor ACT Prep. and our teachers have diligently worked to tier all students and tune into the needs of them through individualized goal-setting and academic interventions. We are also working to strengthen the MTSS model at the secondary level through mentoring, positive staff and student relationships, and behavior charting.

Lastly, I would like to encourage all students to finish the quarter and year strong. I am extremely proud of the many successes our students have had up to this point and am confident they will only achieve more as the year progresses.

There are some amazing things happening across Sutherland Public Schools, which makes it a great day to be a Sailor!

On a personal note, My husband, David, and I welcomed our third son, Matthew, into the world on December 16, 2022 and appreciate all of the love and support our Sutherland families have shown us. Looking forward to returning to the Sailor Family again soon!

If you have any questions, please call me at the High School office upon my return from maternity leave in February.

Sincerely,

Amanda Huebner

7-12 Principal, Sutherland High School

amanda.huebner@spssailors.org

401 Walnut St.

Sutherland, NE 69165

(308)386-4426

"Tell me and I forget. Teach me and I remember. Involve me and I learn."

-Benjamin Franklin

SAMANTHA PAVELKA, ELEMENTARY PRINCIPAL



SUTHERLAND ELEMENTARY SCHOOL | JANUARY 2023

Mrs. Pavelka's
**ELEMENTARY
NEWSLETTER****TESTING**

3rd - 6th grade students will be embarking on the NSCAS Growth assessment in the coming weeks. The 2nd grade class will be assessed with MAP Growth. These assessments will evaluate your student's performance on grade-level benchmarks. Please help your child stay on top of "their game" by staying well rested, eating healthy, and completing daily assignments.

LITTLE SAILORS PRESCHOOL REGISTRATION

Sutherland Public Schools will be sailing into year nine of a preschool program with Miss Bassett at the helm. Registration is now open for all children who will be 4 years old on or before July 31, 2023. All parents who are planning to send their child to preschool next year are encouraged to register at this time to assist with the planning process. The cost of Little Sailors Preschool is **free**. Parents may register by calling the school at (308) 386-4321.

JUNIOR KINDERGARTEN

Sutherland Public Schools currently has enrollment open for our junior kindergarten program. If your child is currently five years old, and you are not planning to send them to Kindergarten, **JUNIOR KINDERGARTEN** may be an option. All parents who are planning to send their child to Junior Kindergarten next year are encouraged to register at this time to assist with the planning process. The cost of Junior Kindergarten is **free**. Parents may register by calling the school at (308) 386-4321.

PARENT TEACHER CONFERENCES

Parent Teacher Conferences will run from 3:30 - 8:00 on Monday, February 6th and February 10th from 8:00 am - noon.

STUDENTS OF THE MONTH

Congratulations to our December Students of the Month! Whytlea Cooley, 5th Grade and Drew Rotert, 6th Grade.

UPCOMING EVENTS

Jan. 27 - No School. Teacher In-Service Day

Feb. 6 - Parent Teacher Conferences

Feb. 10 - Parent Teacher Conferences

Feb. 10 - No School

Feb. 17 - No School

Feb. 20 - No School

(308) 386 - 4321 | 401 WALNUT STREET | SUTHERLAND, NEBRASKA 69165

CATHY BRUNZ, COUNSELOR

February brings forth a busy time of year for seniors. Working on scholarships and finalizing information for their colleges such as housing, immunization records or anything else they may be asking for. Have your students check their email and college accounts regularly to see if there is anything further that needs to be done. Our first round of local scholarships were due at the end of January in order to get them to the appropriate committees. Mid-Nebraska scholarships are all on-line this year with a deadline at the end of February.



Junior girls have already had to turn in Girls State applications. Junior Law Cadet applications have already been out and Boys State applications should be available soon. Juniors are starting to talk more about college visits and where they want to end up after they graduate. Juniors will have the opportunity to go to Mid-Plains Community College at North Platte to tour and complete more career interest inventories. 8th graders will also get a similar college/career day. Students who have a 90% GPA and higher have received applications for NHS with a due date of February 9th at 4pm. So many things are happening so please have your students stay tuned to their emails for any further information!

Colleges and military personnel are starting their spring visits to Sutherland to talk with Juniors and Seniors. March is going to be super busy with even more activities such as the Book Fair, registration for 2023-2024 school year, scholarship deadlines, and so much more! Stay tuned!



**BEST OF
LUCK AT
DISTRICTS
TO THE SPS
WRESTLERS!
GO
SAILORS!**



GOOD LUCK AT DISTRICTS TO THE SAILOR BOYS BASKETBALL TEAM!

FIRST SEMESTER- PERFECT ATTENDANCE HIGH SCHOOL

Seventh Grade

Leah Harper
Kaydan Kramer

Eighth Grade

David Bryner
Kale Martinez

ELEMENTARY

PreSchool/Junior Kindergarten

Leo Hampton
Brooklynn Henderson
Luke Huebner
Bode Martin
Xylli Martin
Brantley Molt
Jack O'Neal
Ruby Paulsen
Augustus Peters
Ethan Sosa

Second Grade

Alexis Kramer

Fourth Grade

Molly Richter

Fifth Grade

Colby Kramer

Together We Transform Lives

TEAMMATESSM

MENTORING
SUTHERLAND

We want to extend a huge THANK YOU for the people who volunteer to mentor our youth in the TeamMates program. We had a great turnout for our Mentor appreciation night on January 7 at the basketball game. THANK YOU!

With the Thanksgiving and Christmas holidays, the gift card winners for November and December did not get announced. For November we have **Barbara H, Annette, Natalie, and Fallyn**. Our December gift card winners were **Becky, Nancy, Taylynn, and Caydence**.

~Jessica Rasby

TeamMates Program Coordinator

Valentine's Day Parfait

- angel food cake
- yogurt or vanilla pudding/milk
- strawberries
- chocolate covered pretzels



Directions:

If you choose to use pudding, prepare according to the package directions. Next, cut angel food cake into squares and cut strawberries into chunks. Layer in a glass angel food cake, yogurt or pudding, strawberries, and top with crunched chocolate covered pretzels.



GOOD LUCK AT DISTRICTS TO THE LADY SAILOR BASKETBALL TEAM!

January 16, 2023

CHILD FIND SCREENINGS NEWS RELEASE (For immediate release)

Local school districts in cooperation with ESU 16 are sponsoring an opportunity for parents of preschool children to participate in Child Find Screenings. This spring screening will be made available in each school district at the request of parents.

Child Find is a screening program for preschool children between the ages of birth and five. Professionals will be available to answer questions from parents regarding their preschool child's speech and language development, motor development, social/emotional development, hearing and learning skills. Parents who suspect that their child (age 0-5) may need special help in these areas are encouraged to call their school district. The local school district will arrange for evaluation in cooperation with ESU 16. Evaluation will be done at a time and place convenient for the family.

Children between the ages of five and twenty-one who reside in Arthur, Grant, Hooker, Keith, Lincoln, Logan, McPherson, Perkins and Thomas counties may be referred to the school's Student Assistance Team. The Student Assistance Team provides suggestions for accommodation/modification. This referral may result in an evaluation for special help. Parents should contact their local school district to request this referral.

Further information is available from your local school district or from the Educational Service Unit 16 office (308-284-8481).

Jo Lee, Preschool Coordinator, ESU 16

Molly Walz, Director of Special Education, ESU 16



Nebraska's Early Development Network is available to children birth to age 3 who have a developmental delay or disability. If you suspect that your child or a child you know has a delay, please call the local number below.

Contact:

Early Development Network
314 West 1st St.
Ogallala, NE 69153
308-284-8481 ext. 2215

Nebraska Early Development Network
is supported through the collaborative efforts of the Nebraska Department of Education and the Nebraska Department of Health and Human Services.

Department of Health & Human Services
DHHS
NEBRASKA

Early Development Network
Babies Can't Wait

NEBRASKA DEPARTMENT OF EDUCATION

Nebraska Early Development Network
Services Coordination

Visit our web site: <http://edn.ne.gov>

What is Early Development Network Services Coordination?



Services Coordination means a central contact person, known as the services coordinator, is assigned to each family. Services Coordination helps families of children with special needs below age three:

- ✓ Find services to meet developmental, educational, financial, health care, child care, respite care, and other needs;
- ✓ Link with needed services;
- ✓ Work with multiple providers to make sure services are provided as needed; and
- ✓ Become coordinators of services for their own children in the future.

<http://edn.ne.gov>

Services Coordination Activities

- ✓ Assisting parents of eligible children in obtaining access to needed early intervention services and other services identified in the Individualized Family Service Plan (IFSP);
- ✓ Making referrals to providers for needed services and scheduling appointments for eligible children and their families;
- ✓ Coordinating early intervention services and other services (such as educational, social, and medical services) for eligible children;
- ✓ Coordinating screenings (if applicable), evaluations, and assessments;
- ✓ Facilitating and participating in the development, review, and evaluation of IFSPs;
- ✓ Coordinating, facilitating, and monitoring the delivery of services to ensure that the services are provided in a timely manner;
- ✓ Informing families of their rights and procedural safeguards; and
- ✓ Facilitating the development of a transition plan to preschool or other services, if appropriate.

Who is Eligible for Services Coordination?

Eligible families are those who have an infant or toddler below age 3 who qualifies for services because of a disability or developmental delay.

Year-round services coordination is provided. There is no cost to families.



Nebraska Early Development Network

All children develop at different rates. Listed below are some guides to see how your child is developing.

0-1 YEARS

- ✓ Holds head up by four months
- ✓ Picks up objects by six months
- ✓ Responds to sounds by six months
- ✓ Makes some of the sounds made by others by nine months
- ✓ Uses furniture to pull self to standing position by 12 months

1-2 YEARS

- ✓ Holds out arms and legs while being dressed by 18 months
- ✓ Points to objects he/she wants by 18 months
- ✓ Walks without help by 18 months
- ✓ Says two words by 18 months
- ✓ Drinks from a cup by two years
- ✓ Shows one body part (eyes, nose) when asked by two years

2-3 YEARS

- ✓ Speaks in 2-3 word sentences by three years
- ✓ Walks up and down stairs without help by three years
- ✓ Plays with an adult by three years
- ✓ Undresses self by three years
- ✓ Asks some questions by three years
- ✓ Speaks so non-family members understand most words by three years

For your questions or concerns contact your doctor, your local school district or call

NEBRASKA CHILD FIND
1.888.806.6287

FUNDED BY GRANT AWARD # H181A140033
PRINTED 2016

IT'S NEVER TOO EARLY

To ask questions about your baby's development



CALL TOLL FREE
1.888.806.6287

ATTENTION!

PARENTS OF CHILDREN AGES BIRTH TO FIVE, PLEASE TAKE A MOMENT TO THINK ABOUT YOUR CHILD'S DEVELOPMENT. ALL CHILDREN DEVELOP AT DIFFERENT RATES. IF YOU HAVE ANY CONCERNS ABOUT YOUR CHILD'S DEVELOPMENT, PLEASE CALL...

Educational Service Unit 16

308-284-8481

Email: jlee@esuxteen.org

or

Early Developmental Network

308-284-8481

Email: apwilson@esuxteen.org

www.answers4families.org

Services are also available for students ages 5-21.

THE EARLY DEVELOPMENT NETWORK/ESU16 PROVIDES SERVICES AND SUPPORTS THAT ARE DESIGNED BASED ON THE NEEDS OF CHILDREN BIRTH TO AGE FIVE AND THEIR FAMILIES.



2022-2023

SECOND QUARTER HONOR ROLL**SENIORS**

Elizabeth Compton
Marissa Martinez
William Nicholas
Jace Smith

JUNIORS

Kason Bruns
Conner Bryner
Rebecca Foster
Aislyn Ruff
Montana Saylor
Nevaeh Stoner

SOPHOMORES

Rylan Boettcher
Ryker Copeland
Grady Dempcy
Gracyn Elfeldt
Justin Hopper
Brock Johnsen
Oliver Nutter
Autumn Purdy
Tessa Schmitz
Caleb Sutter

FRESHMEN

Briley Dorram
Evan Krajewski

EIGHTH GRADE

Addison Arvdal
Memphis Goodwin
Zayn Green
Kaid Hogan
Kale Martinez
Eva Nutter
Marshall Patrick
Marley Reeves
Maleah Vasquez

SEVENTH GRADE

Audrina Barton
Easton Dancer
Bryden Redden

2022-2023

SECOND QUARTER HIGH HONOR ROLLSENIORS

McKenna Bliss
Chandler Books
Lacey Brunner
Maddie Carr
Josie Coffman
Kellan Copeland
Chayce Crump
Hoyt Dancer
Taylor Dorram
Alexa Green
Harmon Johnsen
Cole Kerner
Abigail McConnell
Lauren Nelson
Anna Peterka
Cloee Petersen
Ariana Sutter
Annabella Taylor
Cydnie Wilson

FRESHMEN

Isabella Blagdon
Addisyn Gunderson
J.T. Lantis
Jali Martinez
Jackson Saner
Isaac Sinsel
Payten Weber

JUNIORS

Quintin Arellano
Jordy Cox
Peyton Fisher
Aydan Kaps
William Martinez
Tessa Miller
Glory Naughtin
Boone Snyder
Kole Walz
Charlee Weber

EIGHTH GRADE

David Bryner
Max Buscher
Eliana Dyer

SOPHOMORES

Natalie Compton
Fallyn Elfeldt
Reese Erbert
Luke Harper
Tristan Maxcy
Story Rasby

SEVENTH GRADE

Bryer Brown
Teagan Fitzpatrick
Leah Harper
Vivienne Johnsen
Keigan Kershner
Morgan Krajewski
Kaydan Kramer
Macradee Lantis
Lyla Mann
Shaydyn Rasby

2022-2023

FIRST SEMESTER HONOR ROLL**SENIORS**

Josie Coffman
William Nicholas
Jace Smith

JUNIORS

Cadence Brown
Kason Bruns
Conner Bryner
Rebecca Foster
William Martinez
Aislyn Ruff
Montana Saylor
Nevaeh Stoner

SOPHOMORES

Rylan Boettcher
Natalie Compton
Ryker Copeland
Grady Dempcy
Gracyn Elfeldt
Xavier Gray
Justin Hopper
Brock Johnsen
Oliver Nutter
Tessa Schmitz

EIGHTH GRADE

Addison Arvdal
Memphis Goodwin
Zayn Green
Kaid Hogan
Eva Nutter
Marshall Patrick
Marley Reeves
Maleah Vasquez

FRESHMEN

Dylan Brownell
Briley Dorram
Evan Krajewski

SEVENTH GRADE

Audrina Barton
Easton Dancer
Lybeigh Mills
Bryden Redden

2022-2023

FIRST SEMESTER HIGH HONOR ROLLSENIORS

McKenna Bliss
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Hoyt Dancer
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Cloee Petersen
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Vivienne Johnsen
Keigan Kershner
Morgan Krajewski
Kaydan Kramer
Macradee Lantis
Lyla Mann
Shaydyn Rasby



P.O. Box 217
401 Walnut Street
Sutherland, NE 69165
Phone: 308-386-4321
Fax: 308-386-2426
www.spssailors.org

BE A "SUB"
above the
REST
at Sutherland
PUBLIC SCHOOL!
CALL 386-4321 IF
interested in subbing for
A PARA OR A TEACHER!

Calendar

February 1, 2023 - Early Out
1:00pm

February 6, 2023 - Early Out
1:00pm - PT Conferences

February 10, 2023 - NO
SCHOOL - PT Conferences

February 13, 2023 - School Board
Meeting 7:00pm




February 17, 2023 - NO
SCHOOL - State Wrestling

February 20, 2023 - NO
SCHOOL PLC Day for Staff



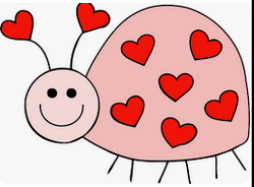

ACTIVITIES

February 2023 Sutherland Public School Menus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 EARLY DISMISSAL 1:00PM	2 SPVA WR @ Bridgeport 10:00am G,B JV,V BB @ SPS vs. Wallace 4:00pm	3 G,B JV,V BB @ Wauneta-Palisade 4:00pm	4 Speech @ SPS WR @ Kearney Youth BB Skill Development 9:00am
5 2 GBB 4pm 3/5 GBB 4pm	6 EARLY DISMISSAL 1:00PM Parent/Teacher Conferences 3:30-8:00pm	7 G,B JV,V BB @ Maxwell 4:00pm 2 GBB 5pm	8 FFA District CDE #2 @ North Platte Dismiss @ 2:30pm	9 G,B V BB @ SPS vs. Paxton 6:30pm Senior Parents' Night BB and Dance	10 NO SCHOOL Parent/Teacher Conferences 8am-12pm District WR @ SPS 5:00pm PK Advisory Mtg 7:30am	11 District WR @ SPS 9:30am Speech @ North Platte
12 2 GBB 4pm	13 Board Meeting 7:00pm District GBB TBA TeamMates 7pm	14 District GBB TBA	15 Dismiss @ 2:30pm	16 District GBB TBA State WR @ Omaha 2 GBB 5pm	17 NO SCHOOL State WR @ Omaha B JV,V BB @ Chase Co. 6:00pm	18 State WR @ Omaha Speech @ Ogallala Youth BB Skill Development 9:00am
19	20 NO SCHOOL ESU PLC Day District BBB TBA	21 Math Instruction Partners	22 SPVA Speech @ Chase Co. Dismiss @ 2:30pm	23 2 GBB 5pm	24 Best of the Midwest Speech @ North Platte	25
26 2 GBB 4pm	27 TeamMates 7pm	28 District Speech @ Bridgeport				

MENUS

February 2023 Sutherland Public School Menus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Milk Served With Every Meal: *1% White *FF Chocolate *FF Strawberry		1 French toast, ham, fruit, juice, milk. Chicken fried steak, mashed potatoes, gravy, dinner roll, salad bar, milk.	2 Cereal, Trix bar, fruit, juice, milk. Grilled cheese, cup of soup, salad bar, milk.	3 Cereal, pop tart, fruit, juice, milk. Corn dog, baked beans, cookie, salad bar, milk.	4
5	6 Cereal, muffin, fruit, juice, milk. Chicken quesadillas, salad bar, milk.	7 Breakfast burrito, fruit, juice, milk. Sloppy joes, chips, salad bar, milk.	8 Pancakes, ham, fruit, juice, milk. Chicken & noodles over mashed potatoes, salad bar, milk.	9 Cereal, pop tart, fruit, juice, milk. Burritos, cookies, salad bar, milk.	10 NO SCHOOL	11
12	13 Cereal, snack bread, fruit, juice, milk. Walking tacos, salad bar, milk.	14 Breakfast sandwich, fruit, juice, milk. Turkey gravy, mashed potatoes, salad bar, milk.	15 Waffles, sausage, fruit, juice, milk. Hot ham & cheese, salad bar, milk.	16 Cereal, Trix bar, fruit, juice, milk. Hot dogs, chips, cookie, salad bar, milk.	17 NO SCHOOL	18
19	20 NO SCHOOL	21 Pancakes, sausage, fruit, juice, milk. Mexican pizza, salad bar, milk.	22 French toast, ham, fruit, juice, milk. Macaroni & cheese, peas, salad bar, milk.	23 Cereal, muffin, fruit, juice, milk. Chicken nuggets, smiley fries, cherry crisp, salad bar, milk.	24 Cereal, pop tart, fruit, juice, milk. Grilled cheese, cup of soup, cookie, salad bar, milk.	25
26	27 Cereal, Trix bar, fruit, juice, milk. Pizza, salad bar, milk.	28 Breakfast burrito, fruit, juice, milk. Chicken strips, potato patty, jello cake, salad bar, milk.			This Institution is an Equal Opportunity Employer & Provider	