

"Education is the most powerful weapon which you can use to change the world."

—Melson Mandela

Superintendent, Ted Classen

Hello Students, Staff, Parents, Grandparents, and Community Members!

It is March already and the Winter activities are nearly completed. I've enjoyed watching the students perform in the various activities, and they all compete very hard. Even though success escaped some of them, you have a great bunch of students here, and you should be proud of their work ethic, which will serve them well.

I want to explain the process I go through before I call a "late start" or "cancellation" of school. I watch the National Weather Service a few days in advance to find out what their most educated guess is about what the weather is going to do. My first concern is the students, all that drive and all that walk. Snow causes difficulty driving even for the best drivers. Most teenagers I know are reasonably good drivers, and careful, for the most part. All of you adults that are driving today were one of these teenagers at some point, so you know there is a learning curve to driving. I am always concerned about slick roads to drive on, or heavy snow to drive in, and one of our teenagers going into the ditch and getting stuck, or worse! My wife and I raised four children that had to drive to school, and so these Sutherland students' safety is a major concern to me, in deciding whether or not to have school when the weather is bad.

The students that have to walk to school are my next concern. When we experience dangerous, sub-zero conditions, I worry about students having to walk in those temperatures, and possibly get frost-bitten. That is painful, and I hate seeing students hurt, regardless of their age, so I weigh sub-zero temperatures heavily in my decision to have school or not.

The next group of important people I consider when trying to make a decision is all the staff members that work at the school. Most of them have to drive as well, and not only that, they bring their small children with them to deliver to a daycare, or to school if they attend here. If the roads are slick or covered with snow, and there are sub-zero temperatures those staff members and their children are in danger as well as the students.

Superintendent, Ted Classen

I want all of to know, I never call school off, or a late start, for my convenience or benefit. I always consider the safety of students and staff. Recently I've had to call school off two days, and two late starts, which is something I don't remember ever having to do. While I didn't care to do that, I thought it was very necessary for the safety of those people mentioned above.

You have a very good school here, great students, a staff that is dedicated to teaching those students, a school board that wants education of those students to be a number one priority for everyone that works here, and I hope you are proud of your school. I've said this before to you, but I will repeat it, your children are a blessing from God, to you. Please take care of them like they are a gift to you. I understand that can be difficult at times, but they are a gift to be thankful for. Time goes fast, as any Grandparent will tell you, so make the most of it!

Thanks for letting me be your interim Superintendent. I feel privileged to work here.

Sincerely,

Ted Classen Sutherland Public Schools Superintendent

JUNIOR HIGH/HIGH SCHOOL

It's hard to believe that Quarter 3 will end on March 5th, and before we know it, we'll be celebrating the end of another school year! For our seniors, graduation should be their top priority. Ms. Brunz has been working diligently to provide parents and seniors with scholarship opportunities—please don't hesitate to reach out to her if you need assistance. Parents, I encourage you to continue to check in with your student about their classes and monitor their grades in PowerSchool to ensure they are staying on track.

As we wrap up the winter activities season, I want to extend a heartfelt thank you to our coaches, sponsors, student-athletes, parents, and our community for their unwavering support of our district. The time and effort our students put into extracurricular activities is incredible, and these experiences teach them the value of hard work, teamwork, overcoming adversity, and supporting their fellow Sailors. All of these lessons build school spirit and encourage students to strive for success both inside and outside the classroom. With the transition into spring, I encourage students to stay actively involved in activities! Track and Golf practice will kick off on March 3, and both our junior high and high school quiz bowl teams have already started practicing and competing.

Our state testing window is approaching quickly, and we are preparing our students to do their very best on these assessments. Our junior high students will take the NSCAS assessment, while our juniors will take the ACT on April 1. Our juniors have been working through the John Baylor Test Prep course, and they are nearly finished with the English portion! Their hard work and preparation will serve them well on test day.

₱ 7th Grade: Math & English NSCAS assessments

* 8th Grade: Math, Science, & English NSCAS assessments

📌 11th Grade: ACT on April 1

₱ 7th -11th Grade: NWEA Maps Assessment

Lastly, Spring Break is March 6-7—I hope everyone enjoys a well-deserved break and comes back refreshed for the final stretch of the school year!

As always, thank you for your continued support of our students and school. Please

reach out if you have any questions or need anything!

With Sailor Pride,

BreAhnna McConnell Sutherland 7-12 Principal





Welcome Alverg!

Hello, my name is Jason Gunderson, and I am excited to step into the role of Elementary Principal at Sutherland Public Schools. It's an honor to continue working alongside and leading an outstanding group of teachers who are dedicated to our students' success.

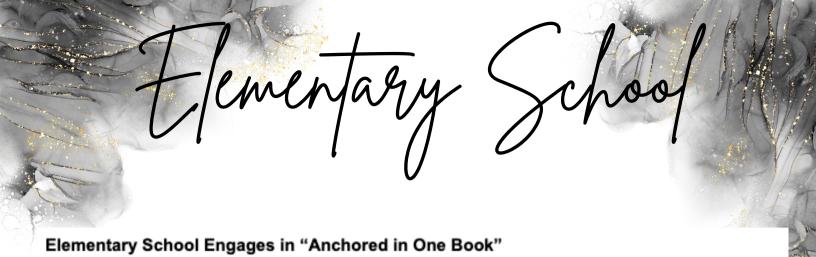
I have been in education for 23 years, the last 12 of which have been spent here in Sutherland. During my time in the district, I taught Physical Science and coached numerous sports, building strong relationships with students both in and out of the classroom.

My wife, Kathy, and our two daughters, Ashtyn and Addisyn, are proud to be part of the Sutherland community and continue supporting our school. Sutherland has become home to us, and we truly appreciate the strong connections and support this community provides.

I earned my Bachelor of Science from the University of Nebraska at Kearney and later obtained my Master of Science in School Administration from Wayne State College. My education journey has been guided by the values of dedication, leadership, and community involvement.

I am deeply grateful for the opportunity to serve as the Elementary Principal at Sutherland Public Schools. I am excited to work together with all of you to support our students, staff, and families in creating a positive and successful learning environment.





Throughout February, elementary students, teachers, and administrators participated in the school-wide reading initiative, *Anchored in One Book*. Each family and staff member received a copy of *Charlotte's Web* and followed a schedule of reading four chapters per week.

To enhance the experience, students engaged in various activities, including a directed drawing of a pig and learning fun pig facts. Staff members received a kindness web filled with positive messages, fostering a spirit of encouragement and support.

Every Tuesday, students participated in *Trivia Tuesday*, where Mrs. Brittney read questions over the intercom, and the first class to call in with the correct answer won a small prize. Additionally, each week, Mrs. Sandberg provided three clues for classrooms to complete an oversized crossword puzzle related to the book.

As a culminating event, students will gather in the gym on Friday, February 28th, to watch Charlotte's Web and enjoy snacks. The Anchored in One Book initiative has brought excitement, teamwork, and a shared love of reading to the entire school community!

Bank in the Schools Program Continues

The Bank in the Schools program, sponsored by Adams State Bank and Trust, remains a valuable learning experience for students. The bank visits the school every first and third Wednesday of the month, allowing students to make deposits. While bills are accepted, checks and coins are not. This program provides students with an excellent opportunity to develop financial responsibility and saving habits at an early age.

Thank you for all the continued support as we watch students grow.

Ms. Allison Pritchard



SCHOOL COUNSELOR

News from the SCHOOL COUNSELOR:

February has come and gone so quickly! Another busy month, especially for our Seniors. Several colleges have set up spring visits here at Sutherland High School. Several scholarships were due last month. These are a quick turn around for seniors, so they had to work hard to get everything done by the deadlines. As always stay tuned to the senior google classroom for any new scholarships and graduation details.

FAFSA is still open for students to apply and several scholarships have changed their deadlines for this as the government is behind. See the FAFSA instructions on how to complete this for your student.

FAFSA checklist

Housing, deposits and several other things for college are open for seniors. Make sure your senior is checking into their college portals to see what needs to be done on their to-do lists.

We will be starting to get students requests for classes for the 2025-2026 school year in hopes of getting a schedule built, prior to the beginning of summer. As always if parents want to sit down 1 on 1 to discuss your child's schedule, just email cathy.brunz@spssailors.org or call the school at 308-386-4656. Happy SPRING and bring on the nicer weather!!

Upcoming Dates:

March 3rd-March 28th-Registration for 24-25 school year

March 12th - UNK Health Sciences Day

March 14th - NHS Book Fair from 5-7pm

March 17th - 1:30pm Senior/Kindergarten Buddies

March 18th-Connecting the Dots - Sophomores

March 19th - 9th and 10th grade take YouScience 1st and 2nd periods

March 20th - Expanding Your Horizons - 7th graders

Inter-High Day

Mid Plains Community College

Sutherland students competed against larger schools like North Platte, McCook, Cozad, and Hershey at the Mid-Plains Community College Inter-High Day. Such stiff competition didn't phase the Sailors, they walked away with a 3rd place in Division I. Congratualtions!



TO OUR TEAM!

2025/2026



KATIE STEVENSON

HS SCIENCE

Congratulations INTERNAL TRANSFERS

2025/2026



SAM KENNEDY

HS BUSINESS



Friday, March 14, 2025 5PM to 7PM

Sutherland Public School South Gym 401 Walnut Street Sutherland, NE 69165

Games, Prizes, Food, & Lots of Fun

**Tickets available for purchase at the gym doors

** Must be elementary age or younger with an adult to attend



Dear Parent(s) & Community,

Each class will be taking donations for a themed basket to be sold at a silent auction during the PBIS Carnival. Proceeds will go to the PBIS team for student awards, incentives, speakers, etc. Below find the grade level themes and please consider donating items. The Items will be collected by the classroom teachers. Please have all items to the school by March 11,2025. We appreciate your support!

- Summer basket-Kindergarten
- Movie Night-1st and 2nd grades
- Family game night-3rd grade
- Outdoor/camping theme-4th grade
- Husker theme-5th grade
- Garden theme-6th grade

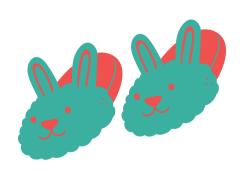
See you on March 14th, 2025 from 5:00pm-7:00pm

READ ACROSS AMERICA WEEK

MONDAY, MARCH 3RD: PAJAMA DAY

TUESDAY, MARCH 4TH: HATS/CRAZY
SOCKS

WEDNESDAY, MARCH 5TH: WACKY
WEDNESDAY





DADDY DAUGHTER



Hosted by
THE NATIONAL HONOR SOCIETY

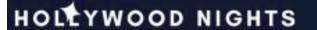
APRIL 25, 2025



Sutherland Public Schools
Wrestling Room

MORE INFOMATION TO FOLLOW









7:00-7:15 Junior Class Photos

7:15-7:30 Senior Class Photos

7:00-7:30 Professional Couple

Photos

7:30-8:00 Breathalyzer Test/Line up

for Grand March

8:00-8:30 Grand March

8:30 -12:00 Dance

8:30 Doors are Locked

12:00-12:30 Change Clothes at

School for After Prom Party













Saturday, March 8

Learn defensive and escape maneuvers from Law Enforcement Officer Justin McCauley

Sutherland School

10 am - 2 pm Sutherland, NE

Emphasis on women's self defense, but open to all between the ages of 14 - 50.

\$50 per person

High level, high intensity self defense course taught by Law Enforcement Officer Justin McCauley.

Register by Texting Becky at 308-870-2526

Space is limited, and registration is required so make sure you reserve your spot early!

Wash Your Hands!

WET HANDS WITH WARM WATER

USE SOAP TO KILL GERMS

#SRUB HANDS
TOGETHER & LATHER



Two Rivers

SCRUB

BETWEEN FINGERS & UNDER FINGERNAILS

#5 RINSE
WITH WARM WATER



#6 DRY

After blowing your nose or coughing. After touching animals. After playing outside.

Before & after visiting a sick relative or friend.

KIDS Zone

Risk factors for Cavities.

A child's chance of getting cavities can be higher if:

- They eat and drink a lot of sugary foods and drinks, like soda and energy drinks, especially between meals.
- · They have family members with a history of dental disease.
- They wear orthodontic braces that require increased hygiene.
- They have special health care needs that make manual brushing and flossing more difficult.

If any of these apply to a child, parents should talk with their child's dentist, pediatrician, or family doctor to ensure proper oral hygiene habits are established and preventive services are obtained.



<u>Drinking Fluoridated water</u> keeps teeth strong and reduces cavities (also called tooth decay) by about 25% in children and adults.

Community water fluoridation is the most efficient and cost-effective way to deliver fluoride to everyone in a community, regardless of their age, income, or education.

To learn more about water fluoridation visit the <u>CDC'S</u> <u>Community Water Fluoridation</u> website

Guidelines for Dental Care in Children

- Brush their teeth twice a day with ADA approved fluoride toothpaste.
- Help child brush their until they have good brushing skills. For children under 6, watch them brush. Make sure they are using a pea-sized amount of toothpaste and always spit it out rather than swallow.
- Ask about dental sealants at dentist appointments when age appropriate.
- Drink water that contains fluoride. You can check your community's water is fluoridated using the CDC's My Water's Fluoride website.

According to CDC Healthy People 2030, less than half of children and adults (43%) visit their dentist on a yearly basis

Oral Health in Schools

- School sealant programs are an effective way to reach millions of children in a school setting by placing dental sealants on teeth to help prevent cavities.
- Increasing access to school sealant programs can greatly reduce decay rates, especially for children at higher risk for poor oral health.
- Compared with children from higher income families, children from low-income families are more likely to:
 - Have more untreated cavities.
 - Have fewer dental sealants.
 - Have less yearly dental visits.

Oral Health | CDC

Oral and dental health (ne.gov)









2025-2026 Sutherland Public School

Preschool Registration

NOW OPEN

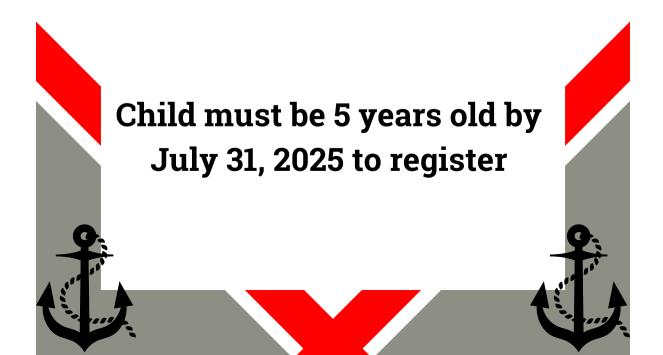
Call the Elementary Office at 308-386-4321 and speak with Brittney to sign your child up

Child must be 4 years old by July 31, 2025 to register



NOW OPEN

Call the Elementary Office at 308-386-4321 and speak with Brittney to sign your child up





WRESTING MILES TO NES

RYKER COPELA WINS

WRESTING MILES TO MES



ELEMENTARY TRACK & FIELD DAY



MAY 16TH 2025

MORE INFORMATION TO COME

SAILOR BRANCH

BANK



WHEN

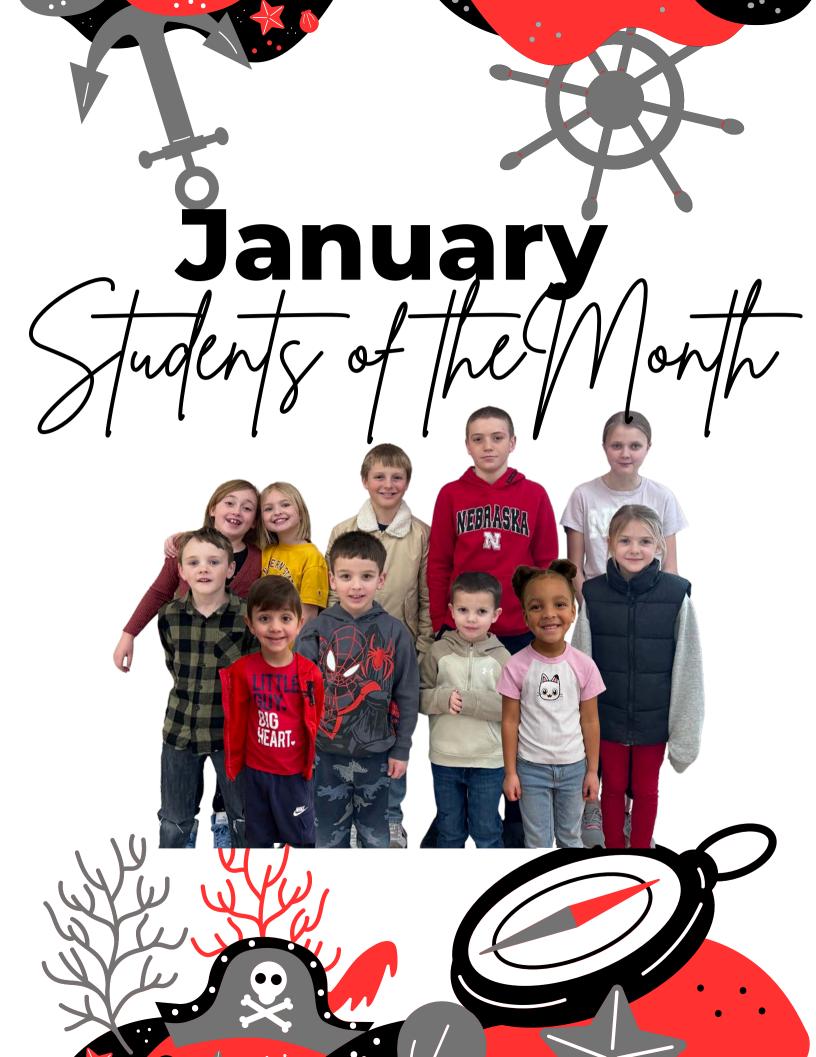
7:30 A.M. TO 7:50 A.M.

WHERE

SPS COMMONS AREA

PLEASE DON'T SEND
MONEY TO SCHOOL
EXCEPT ON THESE DAYS,
WE WILL NOT BE HOLDING
ONTO YOUR CHILD'S
MONEY FOR YOU





2025-2026 Elementary Teacher Assignments

Preschool: Mrs. Jane Dye

Kindergarten: Mrs. Tiffany Hampton

First Grade: Mrs. Elizabeth Copeland

First Grade: Mrs. Brooke Aden

Second Grade: Mrs. Kimberly Schow

Third Grade: Mrs. Brandi Anderson

Fourth Grade: Mrs. Haley Wurst

Fourth Grade: Ms. Shaina Bassett

Fifth Grade: Mrs. Jewell Samuelson

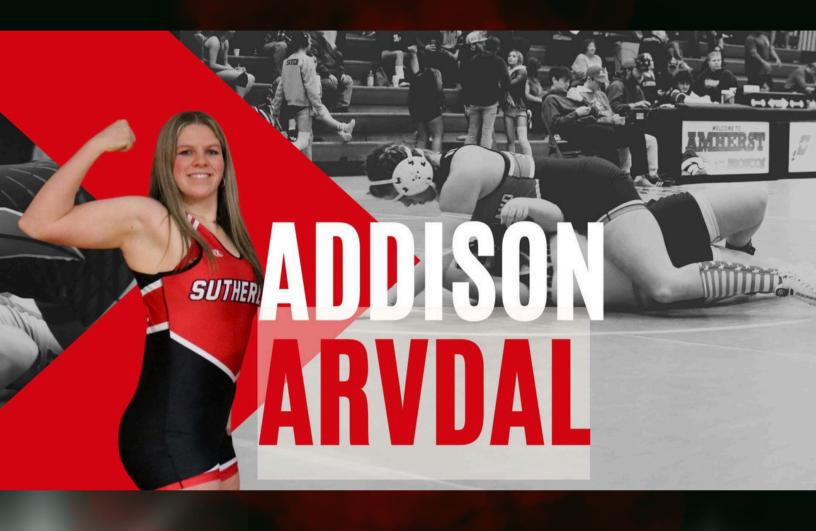
Sixth Grade: Mrs. Denee' Elfeldt

Special Education: Mrs. Laura Stauffer

Special Education: Mrs. Jayden Ralston

Title I/Curriculum: Mrs. Jennifer Sandberg

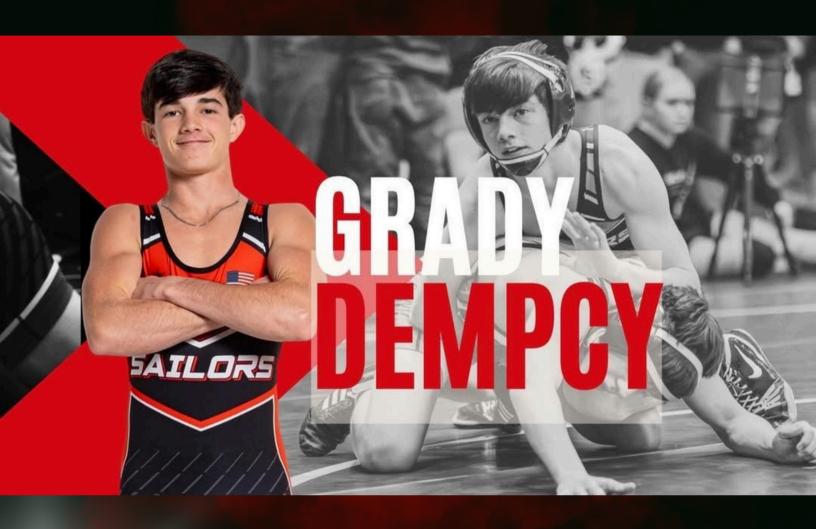




STATE WRESTLING 1ST PLACE FINISH

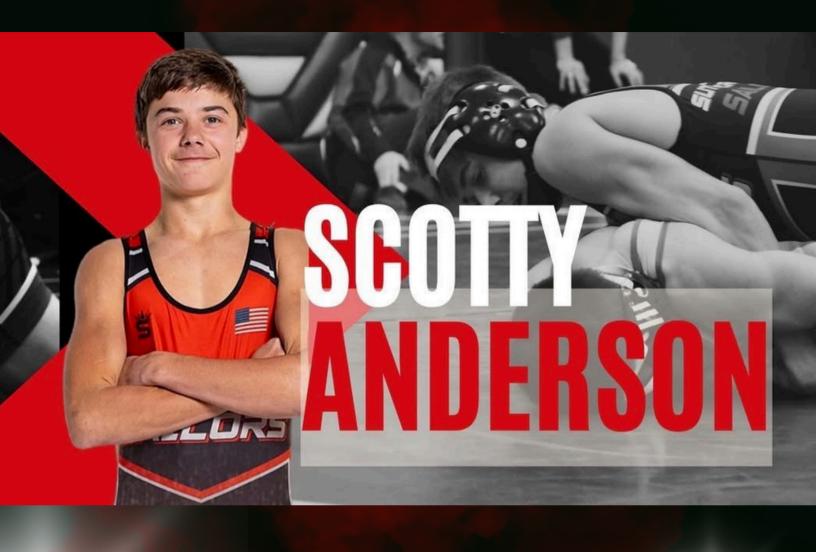


STATE WRESTLING



STATE WRESTLING

3RD PLACE FINISH



STATE WRESTLING 6TH PLACE FINISH



STATE WRESTLING 6TH PLACE FINISH



STATE WRESTLING



STATE WRESTLING



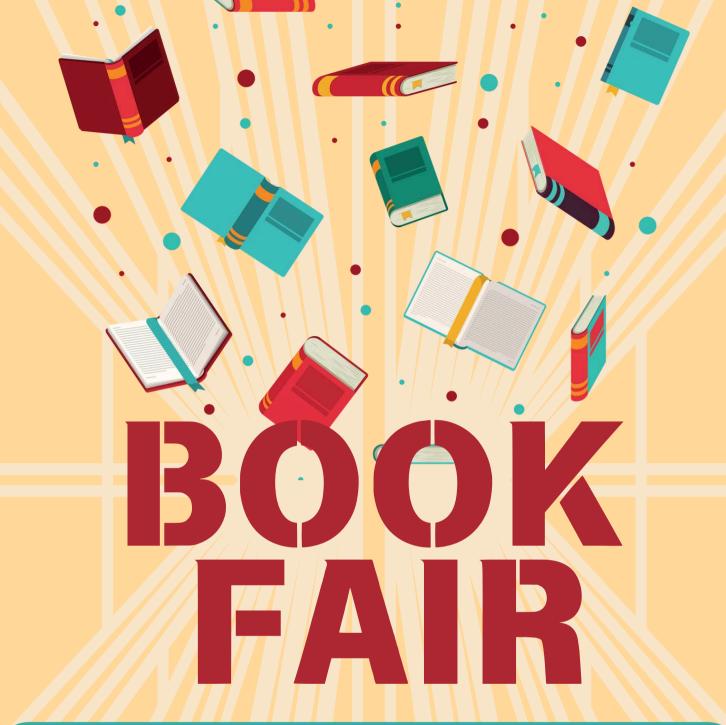
SUTHERLAND HIGH SCHOOL 9TH-12TH GRADE

WINTER ACTIVITIES HONORS NIGHT

March 10th, 2025 | 6 PM Sutherland Public School South Gym

GUESTS ARE ASKED TO BRING APPETIZERS + DESSERTS

WRESTLING | BASKETBALL | ONE ACT



Sutherland Public Schools Wrestling Room

Sailor SCHOOL DAY

MONDAY - FRIDAY

7:45 Teachers arrive at school

7:50 Teachers present in classroom

8:00 Student warning bell

8:05 School begins

MONDAY - THURSDAYS:

3:30 PM School day ends

3:45 PM Buses depart school

4:00 PM Teachers may depart

FRIDAYS:

2:30 PM School day ends

2:40 PM Buses depart school

2:45 PM Teachers may depart

2025/2026 NO SCHOOL DAYS

September 1st - 2nd

September 26th

October 13th

October 24th

November 3rd

November 26th - 28th

December 22nd - January 2nd

February 6th-9th

February 20th

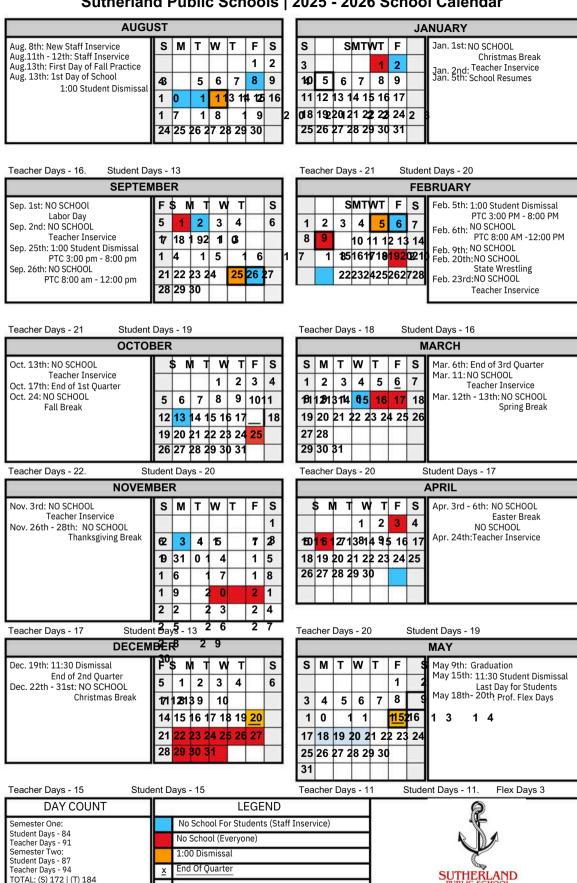
February 23rd

March 11th- 13th

April 3rd - 6th

April 24th

Sutherland Public Schools | 2025 - 2026 School Calendar



Important Date



Sutherland Public School

Menu

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 All Lunches	3 Cereal, or Cereal Bar, Fruit, Juice	4 Ham, Egg, Cheese Bar	5 Cook's Choice, Fruit, Yogurt, Juice	NO SCHOOL	7 NO SCHOOL	8
Served with a Fruit/Vegetable Bar	Sloppy Joes & Chips	5th Grades Favorite Dr Seuss Meal Breakfast for Lunch	Chicken or Cheese Quesadillas			
6 6	10 Cereal, or Cereal Bar,	11 Sausage Gravy &	12 French Toast, Ham,	13 Cereal or Poptart, Fruit,	14 Cook's Choice, Fruit. Yogurt. Juice	15
	Hot Ham N Cheese	Juice Crispitos	Pizza	Chicken Strips & Potato Patty	Fish Sticks & Fries	
16	17	18	19	20	21	22
Milk is Served w/Every Meal:	Cereal or Cereal Bar, Fruit, Yogurt, Juice	Breakfast Burrito, Fruit, Yogurt, Juice	Breakfast Sandwich, Fruit, Yogurt, Juice	Cereal, or Poptart, Fruit, Yogurt, & Juice	Cook's Choice, Fruit, Yogurt, Juice	
*1% White *FF Chocolate *FF Strawberry	3rd Grades Favorite (Mrs Anderson) Italian Dunkers	Chicken Fajita Rice Bowls	1st Grades Favorite Mac N Cheese, Peas, & Rolls	2nd Grades Favorite Chicken Sandwich	Flat Bread Pizza	
23	24	25	26	27	28	29
	Cereal or Cereal Bar, Yogurt, Juice	Breakfast Calzones, Fruit, Yogurt, Juice	Pancake, Ham, Fruit, Juice	Cereal or Poptart, Fruit, Yogurt, Juice	Cook's Choice, Fruit, Yogurt, Juice	
75	6th Grades Favorite Chicken Fried Steak, Veggie, & Roll	Burrito	Chicken Alfredo & Breadsticks	Pigs in a Blanket	Kindergartens Favorite (Mrs Hampton) Grilled Cheese & Soup	
30 This Institution is an Equal Opportunity	31 Cereal or Cereal Bar, Yogurt, Fruit, Juice					
Employer & Provider	Meatball Sub					

Sutherland Public School

ACTIVITIES

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						7
2	3	4	5	6	7	8
	7:00 pm Teammates 6:30 pm Community Development Informational Meeting	5:30 pm 7th Grade Boys Basketball Practice	End of 3rd Quarter 1:00 pm Dismissal	No School-Spring Break	No School-Spring Break	10 am Self Defense Class
9	10	11	12	13	14	15
	7:00 pm Teammates 5:30 pm 7th Grade Roys Raskethall	9:30 am Spring Sports Pictures	1:00 pm Dismissal 7:30 am-8:00 am Book	7:30 am-8:00 am Book Fair 3:40 pm -4:00 pm Book	7:30 am-8:00 am Book Fair 5:00 pm -7:00 pm	3
	6:00 pm Honor Night	Meeting	3:40 pm -4:00 pm Book Fair JH UNK Health Science Day	6:00 pm FFA Labor Auction	5:00 pm- 7:00 pm PBIS Carnival	8
16	17	18	19	20	21	22
St. Patrick:x	7:00 pm Teammates		10:00 am Battle of the	1:00 pm Track@UNK		6:00 pm Prom
Monda	Speech@Maxwell			5:30 pm 7th Grade Boys Basketball		
23	24	25	26	27	28	29
	7:00 pm Teammates	6:00 pm FFA	Speech@Kearney	Speech@Kearney	Speech@Kearney	10:00 am Track@Hershey
			1:00 pm Dismissal			
30	31					
	11:00 am Golf@ Crandall Creek Golf Club					
	7:00 pm Teammates					The state of the s



MAIL TO:





03-05-2025 1PM DISMISSAL 03-05-2025 END OF 3RD QUARTER 03-06-2025 NO SCHOOL-SPRING BREAK 03-07-2025 SPRING BREAK 03-11-25 6:00PM SCHOOL BOARD MEETING 03-14-2025 5PM-7PM PBIS CARNIVAL