STEVE BRISTOL, SUPERINTENDENT AU N E W S

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Distinguished Alumni Applicants Needed

The Sutherland Public School Foundation is annually honoring Distinguished Sutherland Alumni. Last year's distinguished alumni award went to Sandy Meissner.

The Sutherland Public Schools Foundation selection committee is seeking an SPS alumni to be considered for the prestigious Distinguished Alumni Award. Potential candidates may be nominated by anyone. To be considered as a candidate, the nominee must have graduated from Sutherland High School at least 20-years prior (deceased alumni may be honored posthumously).

Further information and the nomination form can be found on the school website spssailors.org. Once on the website locate the Foundation tab and a drop down box will appear. Click on nomination and complete the form. The last day to submit nominations is February 1, 2024.

The SPS Foundation requests that you provide supporting information about the nominee in one or more of the following categories. Education, Business, Humanitarian Pursuits, Professional Field Accomplishments, The Arts, Athletics, Service to SPS or Sutherland Community, Service to Youth, Military or Heroism.

Once the applications have been received the Sutherland Foundation will appoint a selection committee and review the eligible candidates. The committee will then narrow their selection to a final candidate. Nominations that were not previously selected will be active for five years. If you have additional questions please contact Superintendent, Steve Bristol at 308-386-4656 or email steve.bristol@spssailors.org

STEVE BRISTOL, SUPERINTENDENT

SPS Foundation Challenge Fund Drive

December is the final month for the annual Sutherland Public Schools fund drive. This year the goal is \$10,000.

If you have never given to the Foundation this would be a great year to do so. Even if it's \$5 or \$10 it all adds up and your financial donation is forever giving and will provide funding for current and future students. Your giving can be earmarked for the activity or group of your choosing. Just drop a note stating where you would like your donation dollars to go. Grants are awarded from the earnings, as the principal amount is never expended. To date the SPS Foundation has given thousands of dollars in grants back to Sutherland Public Schools.

Donations are tax-deductible and may be sent to Sutherland Public School (P.O. Box 217, Sutherland, NE 69165) % of the Superintendent. *Please consider becoming a partner investing in our youth.*

The Last Laugh

What did one snowman say to the other? Do you smell carrots?



Boone S. signed his letter of intent to join UNK Track & Field Team this month.

AMANDA HUEBNER, HIGH SCHOOL PRINCIPAL

Sutherland Families,

As we move into our winter seasons I would like to thank our coaches, sponsors, athletes, and participants in all of our extra-curricular activities. We truly have an amazing group of kids enrolled in Sutherland Public Schools and I am thankful for the support our community continues to show as we progress through the year!

In the classroom, our students and dedicated teachers continue to work hard to improve student successes and growth. We recently began implementing more MTSS (tiered supports and interventions) strategies with staff and students in hopes of improving relationships for staff and students. Additionally, Mrs. Marquardt has been utilizing WIN time for our 7th and 8th grade students in hopes of improving their growth and progress through targeted interventions. Moving forward, we will continue to implement interventions because we want to make certain our students have as many opportunities as possible to push beyond standards and academic barriers.

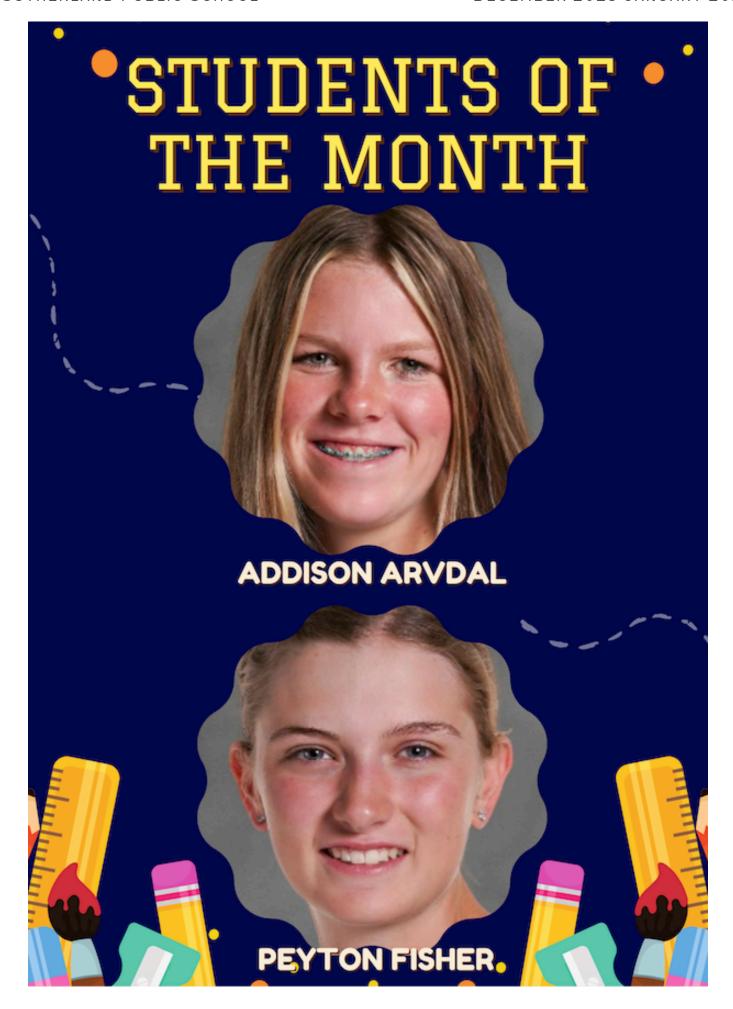
Furthermore, finals week will be the last three days of the semester. During this time, 9-12 students will have exams that are worth ten percent of their overall grade. It will be important for students to have plenty of rest prior to the exams. Also, students should have breakfast and feel prepared by studying beforehand. I would also encourage students to talk to their teachers if they feel they need assistance.

Additionally, schools across the country are seeing a major rise in Juuling/Vaping, especially at younger ages, including 7th and 8th grade students. There are many health risks associated with Vaping and I would urge each parent or guardian to have conversations with their children about the dangers and risks of trying it. At school, Juuling/Vaping will be handled in the same way as if a student was in possession of tobacco. Students could be in ISS or OSS if they have a Juul/Vape on them, or they are using them during school time or at school activities. It also carries a consequence for activities. Students who are found with the devices or use them will miss the first two contests of their activity for the first offense, and a whole year of activities for the second offense.

Finally, we will be continuing our efforts to implement PBIS (Positive Behavior Intervention and Support) into the school district. We have great students and wish to better prepare them for life beyond the classroom, which is why we hold them to high expectations. Our PBIS Student Leadership Team is the key to improving our efforts and they are full of wonderful ideas. Students are expected to do things "The Sailor Way" and be a good example for everyone around them so they are better prepared for life beyond our walls. We are proud of our students and cannot wait to see where they go in life.

If you have any questions, please call me at the High School office

Sincerely,
Amanda Huebner
7-12 Principal, Sutherland High School
amanda.huebner@spssailors.org
401 Walnut St.
Sutherland, NE 69165
(308)386-4426



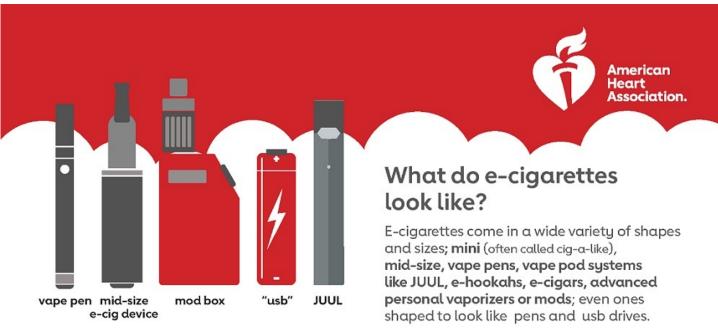






\$10 a hat in the Elementary Office

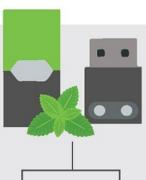
AMANDA HUEBNER, HIGH SCHOOL PRINCIPAL......CONTINUED



What Is JUUL?

JUUL is a rapidly growing type of e-cigarette that became available in the US in 2015. It now accounts for about 72 percent of the market share of vaping products in the United States.

- JUUL is particularly appealing to adolescents and young adults because it has a slim design shaped like a USB flash drive (which makes it easier to hide).
- It comes in different colors, and a wide variety of flavors, including many that appeal to kids.
- JUUL does not emit large smoke clouds, making it optimal for discreet use.
- Not only is nicotine high in JUUL pods, it is present in a benzoic acid salt rather than a free base which increases the rate of nicotine delivery and decreases the harsh sensation in the mouth and throat.



The JUUL nicotine refill ("pods") contain as much nicotine as a pack of 20 regular cigarettes. Average pod length varies but can last up to 200 puffs.

Noting this unprecedented spike in e-cigarette use in youth, in December 2018, the US Surgeon General issued an advisory for parents, teachers and health professionals about the negative health consequences of e-cigarettes in kids.

What can parents do?

- Do not use any tobacco products
- Talk with your kids about the dangers of smoking and the importance of avoiding any tobacco use (conventional cigarettes or e-cigarettes)
- Educate your kids that e-cigarettes contain nicotine, a HIGHLY addictive substance
- Advocate for comprehensive tobacco prevention policies (that include e-cigarettes)

SAMANTHA PAVELKA, ELEMENTARY PRINCIPAL

December 2023

Issue #4

SUTHERLAND ELEMENTARY NEWS

STUDENTS OF THE MONTH





FINISH STRONG!

The first semester of the 2023-24 school year is quickly coming to an end. Students are daydreaming of snow days, hot cocoa, and Christmas morning. However, we are still working on new concepts and encouraging students to meet their learning goals in our building. Please inspire your student to do the same and finish the 2023 year strong!

CROSSING GUARD

If wind chill temperatures are below 10°F, crossing guard will only be available on the west side of the building. This will allow the crossing guards to rotate and take breaks from the cold temperatures.

OUTDOOR RECESS

If the wind chill temperature is anything less than 15°F, indoor recess will be provided. Students will go outside for anything over that threshold. Please make sure your children are dressed appropriately.

WINTER TESTING

Winter benchmark testing is fast approaching. DIBELS testing will take place December 6 & 7th. Please ensure your student is well-rested and has a good breakfast. These test results determine future reading interventions.

UPCOMING DATES

Dec 15 - No School (Teacher Inservice)

Dec 21 - 11:30 am Dismissal

Dec 22 - Jan 2 - No School (Winter Break)

Jan 3 - School Resumes

Jan 26 - No School (Teacher Inservice)

DECEMBER 20TH

Typically every Wednesday we release students at 2:30 pm CST. However, December 20, 2023 will be a full-day with the regular 3:40 pm dismissal.

ACCELERATED READER

Each quarter, students have an AR goal to meet. If students meet all 4 of their AR goals and earn 100 points, they get to go to a special celebration. Please encourage your student to meet their goals!





SCHOOL COUNSELOR

Welcome to the busy Holiday Season! My goal for seniors is to have them all applied to college/school/military or at least have their "plans" in place prior to Christmas break. If your senior has not come in to see me, please have them stop by so we can get things rolling! Once they have applied be sure to check out scholarships via their chosen schools website and also in our google classroom. Several schools have accounts that they had to create when they applied. Log back into those and check out the "to-do" list to see what needs to be done next.

FAFSA should be opening in December, yet we do not have a definite date as of yet... The "local" Sutherland scholarships are all available in their googleclassroom with a deadline of rolled out to seniors via email and google classroom during Christmas break with a deadline of January 19th. Things they can work on for this would be a resume', and asking teachers/employers for letters of recommendation and a biographical sketch, or personal statement. Recommendation Letters can be sent directly to Mrs. Brunz.

January will be the start of busy times for seniors. The Mid-Nebraska scholarships will start to become available as the month progresses. Please be diligent on GoogleClassroom as ALL scholarships ran through Mid-Nebraska will be online this year, including any Sutherland Specific Scholarships. Please make sure your seniors are checking their emails and google classroom so they are getting their things in before the deadline. In addition, January 5th is the deadline to sign up for the February 10th ACT. UNK and UNL will still accept the February ACT for scholarship reasons.



Merry Christmas! A few quick dates for upcoming TeamMates activities.

- December 18th-Christmas caroling, cookies, and cocoa will take place on at 7:00.
- January 12, 2024-Mentor appreciation night will take place between the varsity, home basketball games on.
- January 20, 2024-Applications for TeamMates scholarships are open and will be open until at 11:59 p.m.

Mini Strawberry Santas

Ingredients

- 1 pint fresh strawberries, hulled
- 1 cup heavy whipping cream
- · 1 tablespoon confectioners' sugar
- 1 tablespoon chocolate sprinkles

Directions

- Cut the hulled-side strawberries so they can stand up on a plate. Slice the tip off each strawberry to make Santa's "hat": set aside.
- Beat cream and confectioners' sugar in a glass or metal bowl until soft peaks form. Lift your beater or whisk straight up; the whipped cream will form soft mounds.
- 3. Spoon a large dollop of whipped cream on top of strawberry base for the "face" and "beard". Set the "hat" atop the "face'". Add a dot of whipped cream, using a toothpick, on top of the "hat" for the "pom-pom" and 2 dots on the strawberry base for "buttons". Place 2 sprinkles on the "face" for "eyes".

https://www.allrecipes.com/recipe/235722/mini-strawberry-santas/







WINTER MUSIC CONCERT DECEMBER 4, 2023 NORTH GYM



5:30PM TO 6:15PM ELEMENTARY

6:15PM TO 6:30PM INTERMISSION

6:30-7:30 HIGH SCHOOL

SANTA IN THE COMMONS AREA FOLLOWING THE ELEMENTARY CONCERT



To: Staff/Community Members of Sutherland Public Schools

Date: Wednesday, November 29, 2023 @ 6:30 p.m.

Re: Superintendent Search - Stakeholder District Engagement Visit

The Sutherland School Board is preparing to hire a new superintendent. Hiring a superintendent is one of the most important tasks a board must face. We will approach the search process with attention to each detail necessary to ensure a successful hire. It is our goal to hire a quality and capable administrator to lead the district forward in the years to come.

As the board plans for the hire, we seek and value the input of patrons, parents, staff, and administrators. The Nebraska Association of School Boards is assisting the board in the superintendent search process and has scheduled a visit to our school and community on Wednesday, November 29, 2023. The board extends an invitation to all stakeholders to participate in this visit to share thoughts regarding the district, community, and superintendent position.

If you are unable to attend, please share your comments via the methods listed below:

- What are the strengths and accomplishments of the school district?
- 2. What are the strengths or advantages of the community?
- 3. What challenges are the district currently facing?
- 4. What challenges will the district face in the next few years?
- 5. What background experience should the new superintendent possess?
- 6. What personal and professional qualities will be important in a new superintendent?

You may submit your personal comments via one of the following methods:

Email the completed paper survey (blank form in district office): sbecker@nasbonline.org

Click the Link: https://nasb.sjc1.qualtrics.com/jfe/form/SV-8js5HBqiYp8bNzg

Use the QR code below



Thank you for your interest in the superintendent search process and the success of the district.

Physical Education





Mr. Hoatson has done it again and brought another fun activity to our P.E. program. Sutherland Publics Schools is now a proud partner of NASP (National Archery in the Schools Program) NASP is an inschool program aimed at improving educational performance among students in grades 4 – 12. Students learn focus, self-control, discipline, patience, and the life lessons required to be successful in the classroom and in life.

Sutherland Public School

ACTIVITIE

December 2023

5 Day Moratorium 30	No-School-	No-School- Christmas Break	No-School- Christmas Break	No-School- Christmas Break	Christinas	
	29 11:00 Girls Wrestling@NP	28	27 5 Day Moratorium	26 5 Day Moratorium	25 awy - **	24/31 5 Day Moratorium
	No-School- Christmas Break	End of 2nd Quarter 4th-6th Grade Girls BB Practice in North Gym		5:00pm JV Girls JV Boys 7:00pm V Girls e V Boys to follow	7:00pm Board Meeting 7:00-8:00pm Teammates in Commons	North Gym
	22	21 Dismiss at 11:30	20	19 Basketball@Home vs S Platte	18 4:00pm Girls Wrestling @Summerland Ewing	17 6:00-7:00pm 4th&6th grade girls BB in
ą	10:00 V Wrestling@Home	6:00pm V Wrestling@home		V Boys to follow	vs Wallace 7:00-8:00pm Teammates in the Commons	Gym
	15 No School for Students	14 5:30pm V GirlsBB@Home vs Chase Co	13 Early Dismiss 2:30	12 Basketball@Wallace 4:00pm JV Girls JV Boys	11 2:00pm JH Girls BB@ Home vs Wallace 3:30 JH Boys BB@Home	10 6:00-7:00pm 4th&6th grade girls BB
	6:00pm V Girls V Boys to follow	6:30-8:00pm 4th&6th grade boys BB practice in South Gym		grade boys BB practice in South	Concert 7:00-8:00pm Teammates	
e l	Southern Valley Basketball@Home vs Sandhill Valley 4:00pm JV Girls	6:30-7:30pm 4th & 6th grade girls BB practice in North Gym		7:00pm V Girls V Boys to follow	6:30 to 7:30pm 7th-12th Winter Concert Santa in the Commons Area Following Flementary	Gym
/alley	8 9:30am-V Boys Wrestling@Southern Valley	7 1:00pm Winter Sports Pictures in South Gym	6 Early Dismiss 2:30	Basketball@Brady 4:00pm JV Girls	4 5:30 to 6:15pm K-6th Winter Concert 6:15/8:30pm Intermission	3 6:00-7:00pm 4th-6th Grade Girls BB
Boys	1 10:00am HS Wrestling@Elwood 1:00pm Girls Wrestling@Southwest 4:00-5:00pm 3rd Grade Boys Practice@N Gym Basketball@St Pats 4:30pm JV Girls JV Boys 6:00pm V Girls V Boys to follow					
	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday

Sutherland Public School

MENUS

DECEMBER 2023

24/31	17	10	3	Milk is Served with Every Meal: *1% White *FF Chocolate *FF Strawberry	Sunday
25 Melhy- Constinus	18 Cereal, Trix Bar, Fruit, Juice, Milk Taco's, Salad Bar, Milk BEEF IN SCHOOL	11 Cereal, Trix Bar, Fruit, Juice, Juice, Milk Elementary's 2nd Favorite Food Hot Ham N Cheese, Salad Bar, Milk	4 Cereal, Trix Bar, Fruit, Juice, Milk Chicken Fried Steak, Mashed Potatoes,Roll, Salad Bar,Milk		Monday
²⁶ No School	19 Breakfast Burrito, Fruit, Juice, Milk Elementary's Tied for 3rd Favorite Food Mac N Cheese, Rolls, Salad Bar, Milk	12 Ham, Eggs, Fruit, Juice, Milk Spaghetti, Bread Sticks, Milk	5 Ham, Pancakes, Fruit, Juice, Milk Grilled Cheese, Soup, Salad Bar, Milk		Tuesday
27 No School	20 Breakfast Sandwich, Fruit, Juice, Milk Com Dogs, Baked Beans, Salad Bar, Milk	13 Sausage, Pancakes, Fruit, Juice, Milk Sloppy Joes, Chips, Salad Bar, Milk BEEF IN SCHOOL	6 Sausage,French Toast, Fruit, Juice, Milk Chili, Salad Bar, Milk BEEF IN SCHOOL		Wednesday
28 No School	21 Cereal, Poptart, Fruit, Juice, Milk Dismiss at 11:30	14 Cereal, Poptarts, Fruit, Juice, Milk Elementary's Tied for 3rd Favorite Food Red Hot Dogs, Salad Bar, Milk	7 Cereal, Poptarts, Fruit, Juice, Milk Elementary's 1st Favorite Food Italian Dunker, Salad Bar, Milk	This Institution is an Equal Opportunity Employer	Thursday
29 No School	22 No School	15 NO SCHOOL	8 Cereal Muffin, Fruit, Juice, Milk Burritos, Salad Bar, Milk	1 Coral, Muffin, Juice, Fruit, Milk Corn Dogs, Baked Beans,Salad Bar,Milk	Friday
30 No School	23	16	9	2	Saturday

January 2024

ACTIVITIES

Sutherland Public

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
***************************************	1 No School	2 No School Teacher Inservice	3 School Resumes Early Dismiss 2:30	4 4:30pm JH Girls/Boys BB@Hershey 6:30pm 4th&6th Grade Girls BB Practice	5 1:00pm V Wrestling@ Dundy County Basketball@Thedford 4:30 JV Girls/Boys 6:00pm V Girls V Boys to Follow
7 5:00 3rd Grade Girls BB Practice	8 3:00pm JH Girls/Boys BB@Home vs Maxwell	9	10 Early Dismiss 2:30	11 4:00pm JH Girls/Boys BB@Home vs Perkins Co	12 10:00 am Wrestling@Elm Creek
6:00pm 4th&6th Girls BB Practice	7:00pm Teammates in the Commons			5:30pm Wrestling@Hershey	Basketball@Home vs Cambridge 5:30pm V Girls V Boys to follow
14 7:00am Youth Boys BB	15 7:00pm Teammates in	16	17 Early Dismiss @2:30pm	18 2:00 Wrestling@	19 11:00am Wrestling@Callaway
Tournament 6:00pm 4th &6th Girls BB Practice	COMMINISTRA		2:00pm JH Girls/Boys BB@Home vs Paxton	6:30pm 4th & 6th Grade Girls BB Practice	2:30 Girls Wrestling@ Lexington
21 6:00pm 4th&6th Grade Girls BB Practice	22 2:00pm JH Boys Tournament BB@St.	23 Basketball@ Home vs Creek Valley	24 Early Dismiss 2:30 FFA State Degree	25 4:00pm JH Girls/Boys BB@Chase Co	26 No School for Students Teacher-Inservice Day
	Pats 7:00pm Teammates	5:30pm V Girls V Boys to follow	Interview@Valentine	5:00pm V Girls/Boys BB@Kimball	10:00am Wrestling@Medicine Valley
28	29 3:00pm JH Girls/Boys BB@Home vs	30 Basketball@Garden Co 5:00pm JV Girls	31 Early Dismiss Early 2:30		
	Hitchcock Co 7:00 Teammates in Commons Area	JV Boys 7:00pm V Girls V Boys to follow	FFA District CDE #1@NP		

January 2024

Menu

SUTHERLAND PUBLIC

28	21	14	7	Starting Year th will be the S	Sui
				Starting the New Year the cooks will be serving the Seniors favorite foods	Sunday
29 Cereal, Trix Bar, Fruit, Juice, Milk Kason's Favorite Italian Dunkers, Salad Bar, Milk	22 Cereal, Trix Bar, Fruit, Juice, Milk Quintin's Favorite Mac N Cheese, Peas, Roll, Salad Bar	15 Cereal, Trix Bar, Fruit, Juice, Milk Hot Turkey Sandwich, Mashed Potatoes, Gravy, Roll, Green Beans, Salad Bar, Milk	8 Cereal, Trix Bar, Fruit, Juice, Milk Chicken Sandwich, Salad Bar, Milk	1 No School	Monday
30 Breakfast Burrito, Fruit, Juice, Milk Pulled Pork Sandwich, Salad Bar, Milk	23 Ham, Pancakes, Fruit, Juice, Milk Tessa's Favorite Grilled Cheese, Soup, Salad Bar, Milk	16 Breakfast Sandwich, Fruit, Juice, Milk Chicken or Cheese Quesadillas, Salad Bar, Milk	9 Sausage, Eggs, Fruit, Juice, Milk Levi's Favorite BBQ Rib Sandwich, Salad Bar, Milk	2 No School	Tuesday
31 Ham, Pancakes, Fruit, Juice, Milk Taco, Salad Bar, Milk Beef in School	24 Sausage, Eggs, Fruit, Juice, Milk Pizza, Salad Bar, Milk Beef in School	17 Sausage, Waffle, Fruit, Juice, Milk Sloppy Joes, Chips Salad Bar, Milk Beef in School	10 Breakfast Burrito, Fruit, Juice, Milk Chili, Salad Bar, Milk Beef in School	3 Ham, Pancakes, Fruit, Juice, Milk Super Nacho's, Salad Bar, Milk Beef in School	Wednesday
Milk is Served With Every Meal: *1% White *FF Chocolate *FF Strawberry	25 Cereal, Poptarts, Fruit, Juice, Milk Chicken Strips, Potato Patty, Salad Bar, Milk	18 Cereal, Poptart, Fruit, Juice, Milk Spaghetti, Bread Stick, Salad Bar, Milk	11 Cereal, Poptart, Fruit, Juice, Milk Chicken Fajitas, Salad Bar, Milk	4 Cereal, Poptart, Fruit, Juice, Milk Navaeh's Favorite Hot Ham N Cheese, Salad Bar, Milk	Thursday
This Institution is an Equal Opportunity Employer & Provider	26 No School	19 Cereal, Muffin, Fruit, Juice, Milk Hot Dog, Chips, Salad Bar, Milk	12 Cereal, Muffin, Fruit, Juice, Milk Corn Dogs, Baked Beans, Salad Bar, Milk	5 Cereal, Muffin, Fruit, Juice, Milk Burrito, Salad Bar, Milk	Friday
•***	27	20	13	б	Saturday

2ND ANNUAL ESU 16 ART PLC DAY



SUTHERLAND ART STUDENTS PARTICIPATED IN A MURAL CONTEST BASED ON THE THEME "THIS IS OUR TOWN". THE KIDS HAD A FEW HOURS TO COME UP WITH THEIR IDEA AND PAINT AS A GROUP.



CONTEST LOCATION: Adams Middle Scho	ool, 1200 McDonald Rd. North Platte
HOSTED BY: North Platte	LODGE NO. 985
DATE: Dec 10 (Sunday)	TIME: 1pm. Girls, 2 pm. Boys
DIRECTOR: Lenny Hassel	CONTACT: Lennyhassel@gmail.com

The Elks Hoop Shoot, funded by the Elks National Foundation, is a free throw contest for children ages 8 to 13. Age group is determined by contestant's age as of April 1, 2024. For more information, contact Lodge Elks Hoop Shoot Director listed above or visit elks.org/hoopshoot.

SUTHERLAND PUBLIC SCHOOL



P.O. Box 217 401 Walnut Street Sutherland, NE 69165 Phone: 308-386-4321

Fax: 308-386-2426 www.spssailors.org

REMINDERs:

* *FOR KINDERGARTEN PARENTS -

IF YOU HAVE NOT ALREADY PAID FOR THE WHOLE YEAR, THE BALANCE FOR THE SECOND SEMESTER KINDERGARTEN MILK/SNACKS WILL BE DUE IN JANUARY. THANKS!

**LOST AND FOUND -

THE LOST AND FOUND TABLE AND BOX ARE
OVERFLOWING! PLEASE REMIND STUDENTS TO
CHECK IF THEY ARE MISSING ANYTHING, OR FEEL FREE
TO STOP BY AND CHECK IT OUT!
(THESE ITEMS WILL BE TAKEN TO GOOD WILL AT THE
END OF THE SEMESTER!!!)

Calendar

December 4, 2023 - Winter Concert

K-6 Concert 5:30 to 6:15 6:15 to 6:30 Intermission

7-12 Winter Concert 6:30 to 7:30

December 15, 2023 - No School

December 18, 2023 -School Board Meeting 7:00pm

December 21, 2023 - Early Dismissal 11:30 am

Dec. 22 - Jan. 2 - NO SCHOOL

January 3, 2024 - School Resumes

January 3, 2023 - Wed. 2:30pm Dismissals

January 26, 2024 - NO SCHOOL